



WHO ARE WE?

At BCSC, we blend research, clinical expertise, and creativity to help children, teens, and families thrive. Our summer programs make traditional camp activities accessible for youth who benefit from extra support with emotions, behavior, or social skills.



WHERE ARE WE?

Our summer programs are held at our Boston office in the heart of Back Bay, with daily activities inside and outdoors in nearby parks.

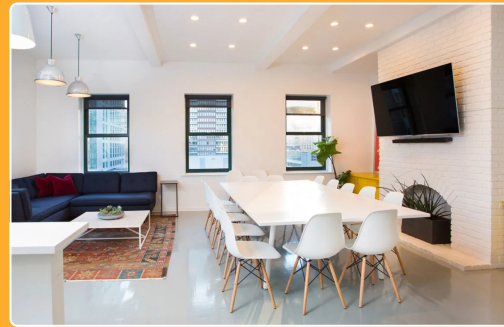


WHAT MAKES OUR SUMMER PROGRAMS UNIQUE?

- ◆ Led by licensed behavioral health clinicians and skilled staff with a 4:1 (or lower!) camper-to-staff ratio
- ◆ Inclusive and non-exclusionary - we welcome campers with a wide range of strengths and challenges
- ◆ Blends camp-style fun with evidence-based skill building to improve campers' confidence, connections, and emotion regulation

YEAR-ROUND SERVICES AT BCSC:

Individual Therapy
 Skills Groups
 Caregiver Coaching
 Family Therapy
 Executive Function Coaching
 Medication Management
 Neuropsychological Assessment
 Ketamine-Assisted Psychotherapy
 ... & more!



OUR LOCATIONS

BOSTON

729 Boylston Street
Boston, MA 02116

NATICK

6 Union Street
Natick, MA 01760

WORCESTER

31 Harvard Street
Worcester, Ma 01609



BOSTON | NATICK | WORCESTER
www.bostonchildstudycenter.com

Therapeutic Summer Programs
at Boston Child Study Center

2026
GUIDE



Building skills, confidence, and connections
through evidence-based care

Registration opens Dec 1!



(617) 800-9610



www.bostonchildstudycenter.com

EMOTION FOUNDATIONS

July 6 – July 10, 2026 | AGES 8 to 16

Emotion Foundations is a week-long summer program for children and teens who are looking for a traditional day camp experience – complete with arts & crafts, outdoor play, and group games – while also benefitting from extra support with identifying, understanding, and managing their emotions.

Program Highlights:

- Social-emotional skill building through play and creativity
- Cooperative games and outdoor time
- Team-based challenges centered around daily themes like confidence, creativity, & friendship



COMMUNITY & CONNECTIONS

July 13 – July 17, 2026 | AGES 10 to 16

Community & Connections offers guided opportunities to practice social skills, build friendships, and strengthen confidence through interactive games, collaborative projects, and community outings – supported every step of the way by our clinical team.

Program Highlights:

- Group games and collaborative projects to facilitate teamwork
- Modeling & role plays to practice conversation skills and build comfort interacting with peers
- Daily community outings – like bowling, lawn games on Boston Common, or eating lunch at a restaurant



Registration for all summer programs opens on December 1. Space is limited!

For more information about the registration process: www.bostonchildstudycenter.com

DATES & RATES

Emotion Foundations Ages 8 to 16 9:00am–3:00pm	July 6–10	\$1,200
Community & Connections Ages 10 to 16 9:00am–3:00pm	July 13–17	\$1,200 +\$200 expense account
DBT Skills Intensive Ages 12 to 17 9:00am–3:00pm	August 3–7	\$1,900
EF Bootcamp Ages 11 to 15 9:00am–12:00pm Ages 16–22 12:30pm–3:30pm	August 10–14	\$800

BCSC offers a **sliding scale program** for reduced fees to help make summer programming more accessible for families. Please contact us to inquire about eligibility!

Contact our Camp Leadership Team!

Our team is happy to help you find the best fit based on your child's age, interests, and goals. Send us an email:

camp@bostonchildstudycenter.com



DBT SKILLS INTENSIVE

August 3 – August 7, 2026 | AGES 12 to 17

The **DBT Skills Intensive** transforms the evidence-based Dialectical Behavior Therapy curriculum into an engaging, hands-on learning experience that helps participants build confidence in managing emotions and relationships.

Program Highlights:

- Interactive lessons on mindfulness, distress tolerance, emotion regulation, and effective communication
- Skills practice through games, art projects, and team challenges
- Opportunities to connect with peers during free time



EXECUTIVE FUNCTIONING BOOTCAMP

August 10 – August 14, 2026 | AGES 11 to 22*

Prepare for the new school year with our **Executive Functioning Bootcamp**, where students will brush up on tangible strategies for planning, time management, organization, and task initiation – all while connecting with peers and having fun.

Program Highlights:

- Two, structured skill-building blocks each day
- Team-based challenges to enhance skills generalization through real-time practice
- Individualized coaching to help build lasting habits for success



*EF Bootcamp is offered in two sections (Ages 11–15 and Ages 16–22) to support age-appropriate learning and peer connection.