

NEW!

SESSION 1

JULY 22-JULY 26

MIDDLE SCHOOL CAMP

AGES 11-14

SESSION 2

AUGUST 5-AUGUST 9

TEEN CAMP

AGES 14-18

MASTERING EMOTIONS

2024

SUMMER INTENSIVE CAMP

Boston Child Study Center

The BCSC Camp Experience:

Engaging and Inclusive Activities

Learn and practice evidence-based skills from multiple treatment modalities (DBT, CBT, ACT) to enhance emotion regulation. Engage in values-based exposures with fun field trips every afternoon!

Personal Growth

Campers will set personal, values-based goals at the start of the week and receive individualized support from our clinicians to make progress on these goals.

Meaningful Connections

Building relationships with others is central to the camp experience. Campers will support one another in achieving personal goals, collaborate on team-building exercises, and contribute to an inclusive environment.

Camp at a Glance

Located in the Heart of Boston
Boston Child Study Center
729 Boylston Street, 5th Floor, Boston, MA 02116

Hours & Schedule
The camp day runs from **9:00 am - 3:00 pm**.
Each camp session is one week long.

Eligibility
Campers must have a **current outpatient therapist** while attending the program.

Tuition
\$599/day + \$400 activity/food expense account
Sliding scale is available. Tuition covers daily intensive skills training/integration groups led by expert clinicians, lunch & snacks, daily field trips and exposure activities.

Sample Camper Schedule

9:00 - 10:00 am
Skills Group #1

10:00 - 11:00 am
Skills Group #2

11:00 - 12:00 pm
Skills Group #3

12:00 - 1:00 pm
Lunch

1:00 - 3:00 pm
Behavioral Activation & Exposure
Activities throughout Boston

Examples of groups include: DBT Skills Jeopardy, Exposure Jenga, Values Scavenger Hunt, Creating a Coping Toolkit, Tolerating Distress

Past activities include: Fenway Park, The Paint Bar, New England Aquarium, Escape the Room

SECURE YOUR SPOT NOW!

Scan or click the QR code to learn more and begin the registration process



For additional information, please contact us:
CAMP@bostonchildstudycenter.com

